

Schedule

- 13:00 – 13:15 Opening the event and Rector Jari Niemelä's speech (pre-recorded)
- 13:15 – 13:35 Guidance and supervision
- 13:35– 13:50 The Centre for University Teaching and Learning – HYPE
- 13:50 – 14:20 Study psychologists
- 14:20 – 14:35 Nytyt ry
- 14:35 – 14:45 BREAK
- 14:45 – 15:00 University chaplains
- 15:00 – 15:15 FSHS
- 15:15 – 15:30 Unisport
- 15:30 – 15:45 HYY – Student Union
- 15:45 – 16:00 Adapting to Finnish Culture
- 16:00 Closing the event

HYPE

- Sorry, I zoned out a little bit, where is this questionnaire available?

The HowULearn questionnaire is organised to students by the programmes so your programme will inform you when is your time to answer. For first year students it is usually in september and in master programmes in spring.

NYTYI

- Where are the links to join those group chats as embedded into the "Join here" phrases

Thank you for your good question! You can find the links on our website, here:
<https://www.nytyi.fi/en/opiskelijoille/chat/>

University chaplains

- How can we contact you?

Leena Huovinen

City Centre Campus and Meilahti

050 301 9613/ leena.huovinen@evl.fi

Lisa Enckell

University Chaplain for Swedish speaking students (2021)

050-5331562/ lisa.enckell@evl.fi

IG: @studentprasten

Laura Mäntylä

Viikki and Kumpula Campuses

050 591 9874/ laura.mantyla@evl.fi

facebook.com/lauramantyla

You can also reach us in Jodel and IG @kirkkokampus

FSHS

- How do I check if I paid the Kela fee or not?

Hello! You can check this directly from Kela, more about the healthcare fee here:

<https://www.kela.fi/web/en/healthcare-fee-for-students-in-higher-education> . Please note that if you are liable to pay tuition fees, the Kela fee is included in your tuition fee / tuition fee grant. The FSHS is not available for exchange students.

- Any chance the TBE vaccine is covered?

Usually TBE is not covered. You can find information of the vaccinations from

<https://www.yths.fi/en/services/a-prevention-of-infectious-diseases/vaccinations/> and <https://www.hel.fi/helsinki/en/social-health/health/other/vaccinations/tbe>

Unisport

- Are there sports leagues you can register with through unisport? ie. football, hockey, tennis

yes, we have some: club activities and leagues. You can find information here

<https://www.unisport.fi/en/services/club-activities> and here

<https://www.unisport.fi/en/other-activities-unisport/ball-sports-series>.

- Does the free visit also count for the ball sport groups?

Yes, you can find information about the groups here <https://www.unisport.fi/en/sports/ball-game-groups>.

You can use your free visit for group training class, gym visit or ball game group visit.

- How can we activate the student discount on unisport?

You'll find information here. Use the Haka registration <https://www.unisport.fi/en/become-client/how-get-started>.

- How can I have Break Pro for free?

Here at the end of the page you'll find information about Break pro. You can use it if you have helsinki.fi ending email address <https://studies.helsinki.fi/instructions/article/unisport-sport-services-0>.

HYY – Student Union

- How can we join student clubs or societies?

You can take a look here <https://hyy.fi/en/new-students>.

- How can we find the different student organizations?

You can find all of them at our website: <https://hyy.fi/en/guides/hyys-organisations> and you can come meet them at our events.

- What is the deadline for signing up for the Student Union?

For exchange students the deadline is 30.9.2021.

Or if your exchange starts later than that, you can ask International Exchange Services to write a document about that which you can then present to the Student Union.