

1. What does PSP stands for here?

PSP stands for Personal Study Plan. In your study plan, you outline the studies you intend to complete at different stages of your degree.

2. Is it normal to find yourself in a dilemma while deciding what specific field you really want to choose! Everything relating to education excites me equally. Like teacher training, educational technology, educational psychology, research, equality and so on....I get very confused at times :(
3. It's not only normal, it's highly recommendable! It's excellent if many things interest you - we are all unique combinations of different skills, competence and interests. Being interested and excited (good!) is a very good starting point for you. This is a very typical question we career counsellors get. The study guidance counsellors are also good at helping to choose what to focus on, and your professors and teachers are also there to help you deepen your understanding and interests in different topics. It can be confusing, but don't worry, so it should be. None of us know in the beginning where we end up at.
4. What are the requirements to volunteer for Nyyti ry?

Basic requirements is that you are a student and that you are over 18 :) Read more here: <https://www.nyyti.fi/en/for-students/become-a-volunteer/>

5. These resources to support student well-being are fantastic. will we have access (e.g. in Moodle) to the slides and information presented here today? it's wonderful, but also a lot to take in at once. thanks

Yes, all of the slides and also the recording will be available here:

<https://studies.helsinki.fi/instructions/article/orientation-and-tutoring>. Some of the slides are already there.

6. Being a non-EU student, I was required to buy health insurance. I got it from Swisscare. Am I eligible to avail service provided by FSHS?

(Note that this answer has been changed since the event)

Yes, you are eligible to FSHS services and the healthcare payment is included in your scholarship if you pay tuition fee.

7. Do students need to pay the FSHS fee to KELA if he's or she's tuition fee is covered by scholarship?

If you pay tuition fee the healthcare payment for FSHS it is included in your scholarship.

8. I am living in Finland since last 1 year and using Finnish health care service as I have resident permit. Do I need to register for FSHS? or what is recommended from your end?

You are also entitled to FSHS services and when you are registered as attending to university, to my knowledge, you should also pay this health care payment. You will be then automatically registered to FSHS. You can also continue to use healthcare centers services.

9. To use FSHS services, do we need a Finnish bank account or Finnish phone number? Do we need for the DVV registration to have been completed? (the processing time is 7 weeks in DVV)

You probably have already a temporary social security number, you will get service with it. You will probably need bank account to make the health care fee.

10. What are these badges for on the trousers? is this a uniform?

You can buy badges from organizations, facebook groups and/or you sometimes get those from different events. Overalls are kind of a uniform for students in Finland :)

11. What is the event on Monday again? :)

It's Opening Carneval :) it is for organizations so they can present themselves.

<https://www.facebook.com/events/457191302987605> go check it out!

12. For HYY, how many hours per week you need to spend being a council member of HYY? Is there a lot of work?

As a council member you can affect on how much you spend time. For example when I was just a council member I attended meetings which are held about every month. It depends, it takes 2-6 hours a meeting. And in council you work in groups so before the meeting groups usually hold their own meetings that take ~2 hours. But if you are more interested you can be a part of different council related committees for example preparation committee etc. This in short, but if you want to know more please send me a mail nea.hakala@hyy.fi and here is our webpage where is more info <https://hyy.fi/en/representative-council-elections>

13. For more severe mental health issues is there a specific service for the students, or is it needed to visit a health care center

In such case, one can take contact to FSHS. Service is basically at same level as at the health care center, but FSHS has certainly more student oriented point of view. If there already is a on going treatment, to avoid delays it might be good to continue there. One can always no matter what, take contact to FSHS :)

14. If there is a time conflict between my major courses and language class, could I register it and is that OK if I only have 75% attendance?

Yes, it's OK!

15. The problem is the timings of language courses clash with compulsory courses sometimes. How to encounter that issue?

We have courses starting every period, but if you can't find anything suitable, you can always contact the teachers of the specific courses or the student services and we'll try to find the best solution for you.

16. Is Alice and course assistance the same thing?

No, they are two different things. ALICE is a ""normal"" course that you'll have to register in SISU. For course assistant programme you'll apply with the application form that you'll find here:

<https://studies.helsinki.fi/instructions/article/language-centre-course-assistant-programme-international-students>

17. In ALICE program, are there specific languages only?

Yes, there are Italian, Spanish, Russian, German and French.

18. Is there any possibility to participate in ALICE for those whose mother language is other language? (I am Japanese)

Unfortunately no, but please do join the course assistant programme. There you'll also have the chance to meet with local students.

19. hello, I want to apply for students exchange study I want to ask whether forms are available

You can check application instructions here:

<https://studies.helsinki.fi/instructions/article/application-process-exchange-studies>