Events you shouldn’t miss! (Student Life 2.0)
Programme

- Traditional Finnish spring events
- Other spring dates in the calendar
- Events organised by the University
  - Student Life 2.0 Events
- Where else can I spot cool events?
- Other recommendations
- Useful links for event scouting
Traditional Finnish spring events

- **Shrove Tuesday 16.2.**
  - Pea soup, shrove buns, sledding

- **Easter**
  - Children dressed up as e.g. witches on Palm Sunday 28.3.
  - Traditional Easter food (mämmi, pasha)
  - Easter plants (willow twigs, grass seeds, daffodils)
  - NB! Exceptional opening hours on Good Friday 2.4. and Easter Monday 5.4. (bank holidays)

- **May Day (Vappu) 1.5.**
  - The crowning of Manta (30.4.)
  - Picnic at Kaivopuisto aka Kaivari (1.5.)

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Spring related pictures 1/2
Other spring dates in the calendar

- Runeberg’s Day – 5.2. "national poet of Finland"
  - Who was J. L. Runeberg?
- Valentine’s Day 14.2.
  - 'Ystävänpäivä' = Friend’s day
- Kalevala Day 28.2. (+ Finnish culture)
  - Kalevala: The Finnish National Epic
- Minna Canth Day 19.3. (+ equality)
  - Who was Minna Canth?
- Mikael Agricola Day 9.4. (+ Finnish language)
  - Who was Mikael Agricola?
Events organized by the University

- **University’s event calendar**
  - Think Corner events, dissertations, faculty-specific events
- **Career Services’ event calendar**
  - Support for Summer Job Search Day on 11.2. (registration required)
  - Job search and LinkedIn workshops (registration required)
- **Student Union’s event calendar** (HYY)
  - You can also check the events organised by the different committees of HYY; more info on their Facebook pages
- **Student Union Facebook Events page**
- **Guidance Corner events**
  - Some events organised also in English / multilingually

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Student Life 2.0 events

• How to structure your day – the division between work and play (1.3. at 14:00-15:30)
• Stress management and mindfulness (29.3. at 14:00-15:00)
• April – open slot: suggest an event!
• Summer Special – events and traditions (3.5. at 14:00-15:00)

• Part of the Well-being Tuesday series: Climate anxiety workshop (23.3. at 15:00-16:30)

Guidance Corner on Instructions for Students

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Where else can I spot cool events?

- Bulletins on the Instructions for Students advertise many events that might not end up in the general calendar
  - [Bulletins on the Studies Service](#), remember to also check out the [bulletin archive](#)!
  - Also information through email lists
- Different Student Associations’ sites/Facebook pages
  - [Student Union’s master list of associations](#) → e.g. separate section for international associations
- [New Students at UH](#) (Facebook group)
- [UH International Student Ambassadors](#) (Facebook page)
  - Ambassador cafes coming up this spring!
Any other recommendations?

- **Helsinki City Running day** 15.5.
- **World Village Festival** 29.–30.5.

- Libraries (e.g. Oodi)
  - Libraries organise different events (also online!) e.g. Language Cafés, Ukulele jams, English book club meetings...
  - In addition: From old movies to the latest releases, and discussions about movies at **Kino Regina** (located at Oodi library), different workshop activities (**more info on Oodi’s services and facilities**)  
    - Remember to check the current restrictions!

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Useful links for event scouting

- **What to see and do in Helsinki** (MyHelsinki.fi)
  - Virtual Art Experiences from Helsinki
  - Alppipuiston kesä goes Suvilahti
- **City of Helsinki’s event calendar**
  - Possibility to search events based on different categories + virtual experience tips
- **Helsinki This Week**
  - Events, attractions, museums, restaurants etc.
- **Finnish National Opera and Ballet**
  - Stage 24: Virtual Stage

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Thank you! Any questions?

You can find other Student Life 2.0 events on the Guidance Corner’s page.