

Code	Course unit name	Scope (cr)	Period	Languages	Form of teaching / M	Open university studies	Open to exchange students	Open to other degree programmes	Additional information on target groups
YM-301	Grand Problems in Social Theory	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YM-301	Grand Problems in Social Theory	5 cr	1. period	Finnish and English	contact teaching	Course unit is both for degree students and open university studies.	no	no	-
YMA-3201	Theme I: Exchange and Value	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3201	Theme I: Exchange and Value	5 cr	2. period	English or Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	no	-
YMA-3203	Theme II: Cosmology and Knowledge	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3203	Theme II: Cosmology and Knowledge	5 cr	4. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3204	Theme III: Persons and Social Relations	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3204	Theme III: Persons and Social Relations	5 cr	2. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3205a	Comparative regional ethnography II: North America and the Caribbean	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3205b	Comparative regional ethnography II: South-East Asia	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3205c	Comparative regional ethnography II: Europe	5 cr	1.9.25-15.12.25; 15.1.26-15.6.26	Finnish, Swedish, English	Examinarium exam	Course unit is both for degree students and open university studies.	-	-	-
YMA-3205d	Comparative regional ethnography II: Middle East and North Africa	5 cr	1.9.25-15.12.25; 15.1.26-15.6.26	Finnish, Swedish, English	Examinarium exam	Course unit is both for degree students and open university studies.	-	-	-
YMA-3205e	Comparative regional ethnography II: East Asia	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3205f	Comparative regional ethnography II: Africa	5 cr	3. period	English or Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3205f	Comparative regional ethnography II: Africa	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3205g	Comparative regional ethnography II: Latin America	5 cr	4.period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3205g	Comparative regional ethnography II: Latin America	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3205h	Comparative regional ethnography II	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3206	Anthropology theory seminar: Special topics	5 cr	1. period	English, Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3207	Anthropological research methods	5 cr	1.period	English, Finnish	contact teaching	Course unit is only for degree students.	yes	no	-
YMA-3208	State of the Art Anthropological Research	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMA-3208	State of the Art Anthropological Research	5 cr	2.period	English, Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMA-3209	Master's Thesis Seminar I, Anthropology	5 cr	1.-2. period	Finnish, English	contact teaching	Course unit is only for degree students.	-	-	-
YMA-3209	Master's Thesis Seminar I, Anthropology	5 cr	3.-4. period	English	contact teaching	Course unit is only for degree students.	-	-	-
YMA-3210	Master's Thesis Seminar II, Anthropology	5 cr	1.-2. period	Finnish, English	contact teaching	Course unit is only for degree students.	-	-	-
YMK-3301	Development Policies and Interventions	5 cr	1. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority for GDS students / YHMu & COS
YMK-3301	Development policies and interventions	5 cr	15.1.-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-

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YMK-3302	Qualitative methods	5 cr	2. period	Finnish	including both contact	Course unit is only for degree students.	no	no	-
YMK-3303	Political ecology and resource politics	5 cr	2. period	English	contact teaching, active	Course unit is both for degree students and open university studies.	open for master students	yes	Priority for GDS students/YHMY and COS Master students, then for ECGS and Human Geography Master students. No Bachelor-level students accepted.
YMK-3304	Cities in the Global South	5 cr	4. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	Priority is given to GDS students
YMK-3305	Classics in Global Development Studies	5 cr	3. period	English	including both contact	Course unit is only for degree students.	no	no	-
YMK-3307	Theories of Development	5 cr	4. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	Priority is given to GDS students
YMK-3308	Master's Thesis Seminar I, Global Development Studies	5 cr	1. period	Finnish, English	including both contact	Course unit is only for degree students.	no	no	YHMY and COS master students
YMK-3309	Master's Thesis Seminar II, Global Development Studies	5 cr	4. period	English	including both contact	Course unit is only for degree students.	no	no	GDS MA students both Soc&Change and COS programmes
YMK-3310	Climate Change and Solutions	5 cr	3. period	English	including both contact	Course unit is both for degree students and open university studies.	yes	yes	-
YMP-3401	The State and political action	5 cr	1. and 2. period	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMP-3401	Valtio ja poliittinen toiminta	5 cr	4. period	Finnish	contact teaching	Course unit is both for degree students and open university studies.	no	yes	Priority 1) YHMY MA / political history 2) YHMY BA political history 3) YHMY MA/BA other student directions 3) OU 4) other MA degree programmes of the faculty 5) other BA/MA programmes at the University of Helsinki
YMP-3402	International and global organization	5 cr	1. and 2. periods	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMP-3402	International and global organization	5 cr	3. period	English, Finnish	contact teaching	Course unit is both for degree students and open university studies.	no	yes	-
YMP-3403	Political thinking and the meaning of politics	5 cr	1.9.2025-31.5.2026	English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMP-3403	Political thinking and the meaning of politics	5 cr	2. period	English	contact teaching	Course unit is both for degree students and open university studies.	no	yes	Priority: 1) Political history students, 2) other YHMY-students, 3) others
YMP-3404	Presence of the past and memory policy	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	essay	Course unit is only for degree students.	-	-	-
YMP-3404	Presence of the past and memory policy	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	Order of priority: political history students, ENS students, MA history students, YHMY students, other students
YMP-3405	History of historical thinking and knowledge	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMP-3405	History of historical thinking and knowledge	5 cr	2. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority to students in political history
YMP-3406	Historical Theory and Methodology	5 cr	1.9.2025-31.12.2025	Finnish, Swedish, English	essay	Course unit is only for degree students.	-	-	-
YMP-3406	Historiallinen teoria ja metodologia	5 cr	2. period	Finnish	contact teaching	Course unit is only for degree students.	no	yes	Order of priority: Political history students, YHMY students, other students
YMP-3406	Historiallinen teoria ja metodologia	-	4. period	Finnish	distance teaching (tutoring)	Course unit is only for degree students.	no	no	Political history students only
YMP-3408	Maisteriseminaari I, poliittinen historia	5 cr	1.-2. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	Political history students only
YMP-3408	Maisteriseminaari I, poliittinen historia	5 cr	3.-4. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	Political history students only
YMP-3409	Maisteriseminaari II, poliittinen historia	5 cr	3.-4. period	Suomi	contact teaching	Course unit is only for degree students.	no	no	Political history students only

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YMP-3409	Maisteriseminaari II, poliittinen historia	5 cr	1.-2. period	Suomi	contact teaching	Course unit is only for degree students.	no	no	Political history students only
YMP-3410	Pohjoismainen hyvinvointivaltio: historiallisia näkökulmia	5 cr	28.10.2025-31.12.2025, 10.3.2026-31.5.2026	Finnish, Swedish	Examinarium exam	Course unit is only for degree students.	-	-	-
YMP-3410	Inequality and the welfare state: historical perspectives	5 cr	3. period	English	contact teaching	Course unit is both for degree students and open university studies.	-	yes (if space)	-
YMP-3411	Poliittisen historian syventävät aineistot- ja menetelmät	5 cr	1.-4. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	Political history students only
YMP-3411						Course unit is both for degree students and open university studies.	-	yes	-
YMP-3411	Environmental history	5 cr	3. period	English	including both contact teaching and open university studies	Course unit is both for degree students and open university studies.	-	yes	-
YMP-3411	Historiallisen politiikan tutkimuksen ajankohtaisia teemoja I	5 cr	3. period	Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMT-3501	Maisteripraktikum	5 cr	2. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	-
YMT-3501	Maisteripraktikum	5 cr	4. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	-
YMT-3502	Economic Inequality	5 cr	2. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: Soc&Change MA, economic and social history study track, International Masters in Economy, State & Society Soc&Change MA students (other study tracks), Soc&Change MA exchange students, other exchange students
YMT-3503	Crises, conflicts and revolutions	5 cr	1.9.2025-31.5.2026	Finnish, Swedish, English	essay	Course unit is only for degree students.	-	-	-
YMT-3504	Advanced Qualitative Methods	5 cr	2. period	English	contact teaching	Course unit is only for degree students.	no	no	Economic & social history
YMT-3505	Syventävät kvantitatiiviset menetelmät	5 cr	4. period	Finnish	contact teaching	Course unit is only for degree students.	no	yes	Priority: Soc&Change MA, economic and social history study track, Soc&Change BA programme, economic and social history study track, Soc&Change MA students (other study tracks)
YMT-3506	Advanced Seminar in Economic history	5 cr	3. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Order of priority: economic and social history students, economics students, other students.
YMT-3507	Advanced Seminar in Social History	5 cr	1. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: Economic and social history, YHMu students, exchange students
YMT-3508	Maisteriseminaari I, talous- ja sosiaalhistoria	5 cr	3.-4. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	-
YMT-3508	Maisteriseminaari I, talous- ja sosiaalhistoria	5 cr	1.-2. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	-
YMT-3509	Maisteriseminaari II, talous- ja sosiaalhistoria	5 cr	1.-2. period	Finnish	including both contact teaching and open university studies	Course unit is only for degree students.	no	no	-
YMT-3509	Maisteriseminaari II, talous- ja sosiaalhistoria	5 cr	3.-4. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	-
YMT-3510	Global Consumption	5 cr	2.1.-31.5.2026	English	essay	Economic & social history, UNA Europa	-	-	-
YMT-3510	Global Consumption	5 cr	2. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: Economic and social history students, YHMu students, IMESS, other MA programme students, exchange students
YMT-3511	Environmental history	5 cr	1.9.-31.12.2025	English	essay	Economic & social history	-	-	-
YMT-3511	Environmental history	5 cr	3. period	English	contact teaching	Course unit is only for degree students.	yes	yes	-
YMT-3512	Sukupuoli, seksuaalisuus ja yhteiskunta	5 cr	1.11.2025-31.7.2026	Finnish, Swedish	essay	Economic & social history	-	-	-

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YMT-3512	Gender, sexuality and society	5 cr	1. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: Economic and social history, IMESS, Yhmu, exchange, other
YMT-3513	Synkän menneisyyden hyvittämisyritykset	5 cr	1.9.2025-31.7.2026	Finnish, Swedish	essay	Economic & social history	-	-	-
YMV-A501	More than human anthropology: on animals, plants, places and microbes	5 cr	3. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A502	Anthropology of emotion, body, and embodiment	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A504	Optional Ethnography seminar: Tricksters, clowns and monsters	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A507	Medical anthropology with Visual Methods	5 cr	2. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A508	Ethnographic Legal Studies	5 cr	4. period	English, Finnish	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A509	Environmental Anthropology	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A510	Anthropology of Gender	5 cr	3. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A512	Methodological Choices in Anthropological Research	5 cr	1. period	English	contact teaching	Course unit is both for degree students and open university studies.	yes	yes	-
YMV-A513	Applied anthropology	5 cr	1.-4. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Decolonisation Workshop: open to Bachelor's, Master's and PhD students
YMV-P515	Central Asian Politics & Societies	5 - cr	1.period (or 2. period)	English	contact teaching	Course unit is only for degree students.	no	yes	Priority: political history MA students
YMV-P516	Neuvostoliiton historia ja kulttuuri Leninistä Gorbatsjoviin	5 - cr	4. period	Finnish	contact teaching	Course unit is both for degree students and open university studies.	no	yes	Degree students, open uni students
YMV-T509	Työ ja toimeentulo	5 cr	1.9.2025-31.5.2026	Finnish, Swedish or English	essay	Course unit is only for degree students.	-	-	-
YMV-T509	Työ ja toimeentulo	5 cr	4. period	Suomi	contact teaching	Course unit is only for degree students.	no	yes	Priority: Soc&Change MA, economic and social history study track, Soc&Change BA programme, economic and social history study track, Soc&Change MA students (other study tracks)
YMV-T511	Business and trade from a historical perspective	5 cr	1. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: IMESS, YHMu, other master programmes
YMV-T514	Siirtolaisuus ja rajat	5 cr	1.3.-15.6.2026	Finnish, Swedish	essay	Economic & social history, sociology	-	-	-
YMV-T514	Migration and Borders	5 cr	3. period	English	contact teaching	Course unit is only for degree students.	yes	yes	Priority: economic and social history, IMESS, sociology, Yhmu, exchange, other
YMV-T518	Väestö, kuolleisuus ja kehitys	5 cr	1.9.2025-31.5.2026	Finnish, Swedish or English	Examinarium exam	Course unit is only for degree students.	-	-	-
YMV-T518	Väestö, kuolleisuus ja kehitys	5 cr	Intensive period, January 2026	Finnish	contact teaching	Course unit is only for degree students.	no	yes	Priority: Soc&Change MA, economic and social history study track, Soc&Change BA programme, economic and social history study track, Soc&Change MA students (other study tracks), MA history students

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YMV-T519	Themes in economic and social history research II	5 - cr	3. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	Yhmu MA & BA economic and social history, other yhmu students
YMV-T520	Ympäristöhaitat, yhteiskunta ja eriarvoisuus	5 - cr	-	Finnish, Swedish, English	essay		-	-	-
VALT-601M	Career-related Project	5 - 10 cr	1.5.2024 0.00.00	English	contact teaching, lect	Course unit is only for degree students.	yes	yes.	Students interested in international relations and development cooperation
VALT-601M	Career-related Project	5 - 10 cr	1. period	Finnish	contact teaching	Course unit is only for degree students.	no	no	for anthropology majors
VALT-601M	Valtsikasta Eurooppaan	5 - 10 cr	3.-4. period	Suomi	including both contac	Course unit is only for degree students.	no	yes	-
VALT-603M	Organisational Activities and Volunteer Work	5 cr	1.-4. period	English	online teaching (not t	Course unit is only for degree students.	no	yes	-